



Arise, my soul, arise; shake off thy guilty fears;  
The bleeding sacrifice in my behalf appears:  
Before the throne my surety stands,  
Before the throne my surety stands,  
My name is written on His hands.

He ever lives above, for me to intercede;  
His all redeeming love, His precious blood, to plead:  
His blood atoned for all our race,  
His blood atoned for all our race,  
And sprinkles now the throne of grace.

Five bleeding wounds He bears; received on Calvary;  
They pour effectual prayers; they strongly plead for me:  
"Forgive him, O forgive," they cry,  
"Forgive him, O forgive," they cry,  
"Nor let that ransomed sinner die!"

Five bleeding wounds He bears; received on Calvary;  
They pour effectual prayers; they strongly plead for me:  
"Forgive him, O forgive," they cry,  
"Forgive him, O forgive," they cry,  
"Nor let that ransomed sinner die!"

The Father hears Him pray, His dear anointed One;  
He cannot turn away, the presence of His Son;  
His Spirit answers to the blood,  
His Spirit answers to the blood,  
And tells me I am born of God.

My God is reconciled; His pardoning voice I hear;  
He owns me for His child; I can no longer fear:  
With confidence I now draw nigh,  
With confidence I now draw nigh,  
And "Father, Abba, Father," cry.

"So now there is no condemnation for those who belong to Christ Jesus. For the power of the life-giving Spirit has freed you through Christ Jesus from the power of sin that leads to death. The law of Moses could not save us, because of our sinful nature. But God put into effect a different plan to save us. He sent his own Son in a human body like ours, except that ours are sinful. God destroyed sin's control over us by giving his Son as a sacrifice for our sins. He did this so that the requirement of the law would be fully accomplished for us who no longer follow our sinful nature but instead follow the Spirit...So, dear brothers and sisters, you have no obligation whatsoever to do what your sinful nature urges you to do. For if you keep on following it, you will perish. But if through the power of the Holy Spirit you turn from it and its evil deeds, you will live. For all who are led by the Spirit of God are children of God...So you should not be like cowering, fearful slaves. You should behave instead like God's very own children, adopted into his family—calling him 'Father, dear Father.' For his Holy Spirit speaks to us deep in our hearts and tells us that we are God's children. And since we are his children, we will share his treasures—for everything God gives to his Son, Christ, is ours, too. But if we are to share his glory, we must also share his suffering...Can anything ever separate us from Christ's love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or are hungry or cold or in danger or threatened with death? (Even the Scriptures say, 'For your sake we are killed every day; we are being slaughtered like sheep.') No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from his love. Death can't, and life can't. The angels can't, and the demons can't. Our fears for today, our worries about tomorrow, and even the powers of hell can't keep God's love away. Whether we are high above the sky or in the deepest ocean, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord."